

Tongue Fu![®]

Martial Arts for the Mind and Mouth

DOES YOUR MOUTH HAVE A MIND OF ITS OWN?

Tongue Fu![®] is the constructive alternative to giving a tongue-lashing or to being tongue-tied. It is a step-by-step process for turning hostility into harmony and aggravation into aloha. These martial arts ideas for the mind and mouth will help you:

- ◆ Persuade people to stop, listen and hear your point of view
 - ◆ Find solutions, not fault
 - ◆ Turn resentment into rapport with Words to Use
 - ◆ Control your emotions so they don't control you
 - ◆ Communicate in a way that turns conflict into cooperation
- ... and more!

Learn how to deflect, disarm and defuse verbal conflict from professional speaker Gwen Fujie, who became certified in 1999 by author Sam Horn to teach Tongue Fu![®].

WHAT PEOPLE SAY:

"Our staff are practicing Tongue Fu![®] strategies and providing reminders to each other about consistently trying the skills out. This has been one of the more readily accepted and practiced seminars we attended."

—R. Hajime, First Circuit Court, State of Hawai'i Judiciary

"Your energetic and insightful presentation made us realize how we can all improve our communications skills by listening and speaking with maximum engagement, encouraging cooperation while avoiding conflict."

—J. Nishimura, American Council of Engineering Companies of Hawai'i

GWEN FUJIE

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Gwen Fujie motivates people to do, be and give their best. Her mission is to spread the power of peaceful communications while helping individuals and organizations increase their personal and professional effectiveness. With her expertise and work experiences in various industries such as healthcare, education, hotel and government, she teaches the practical skills of how to communicate cooperatively and peacefully in all relationships.

Sharing real-life suggestions and techniques, Gwen makes the learning experience unforgettable with her non-threatening and approachable teaching style and lively and interactive sessions. Born and raised in Hawai'i, she has presented programs to hundreds of organizations and thousands of individuals nationwide.

Gwen's impressive client list includes The American Hospital Association, Starwood Hotels & Resorts, Bank of Hawai'i, Kamehameha Schools, Hawai'i State Judiciary, Hawai'i Pacific Health, and the National Weather Service. Gwen is a professional member of the National Speakers Association, Society of Human Resource Management, Speakers Association of Hawai'i, and the American Society of Training and Development.

FIND OUT WHAT TONGUE FU![®] IS ALL ABOUT!

Gwen will present Tongue Fu![®] on: _____ (date)
at: _____ (time)
_____ (place)

For more information, contact: _____